

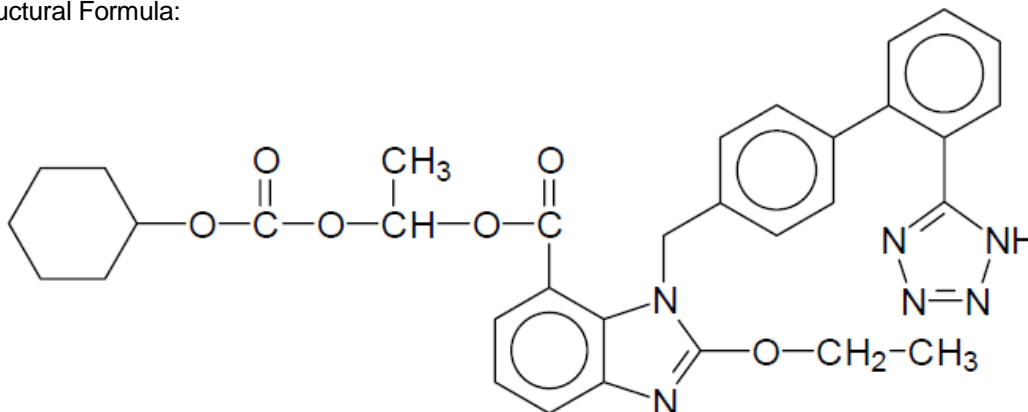
TERRY WHITE CHEMISTS CANDESARTAN TABLETS

NAME OF THE MEDICINE

Candesartan cilexetil

Chemical Name: (±)-1-(cyclohexyloxycarbonyl-oxy) ethyl 2-ethoxy-1-[[2'-(1H-tetrazol-5-yl) biphenyl-4-yl] methyl]-1H-benzimidazole-7-carboxylate

Structural Formula:



Molecular Formula: $C_{33}H_{34}N_6O_6$

Molecular Weight: 610.7

CAS Registry Number: 145040-37-5

DESCRIPTION

It is a white to off white powder and is practically insoluble in water. It has a pKa of 6.3, corresponding to deprotonation of the tetrazole ring. The partition coefficient of candesartan cilexetil is as follows:

pH of Aqueous Layer	Partition Coefficient (K at 20°C)	
	Ethyl Ether	1-Octanol
1.1	> 1000	> 1000
6.9	> 1000	> 1000
8.9	141	> 1000

$$K = \frac{\text{Concentration of Candesartan cilexetil in the organic layer}}{\text{Concentration of Candesartan cilexetil in the aqueous layer}}$$

Three polymorphic forms have been identified; crystal form I, crystal form II and an amorphous form. Crystalline form I is used in Terry White chemists Candesartan.

Each Candesartan tablet contains candesartan cilexetil as the active ingredient. In addition, each Candesartan tablet contains the following inactive ingredients: lactose, carmellose calcium, maize starch, macrogol 8000, hydroxypropylcellulose, magnesium stearate and Pigment Blend PB-24880 Pink (ARTG 108327) which contains iron oxide red and lactose. The tablets are gluten free.

PHARMACOLOGY

Pharmacological Actions

Angiotensin II is the primary vasoactive hormone of the renin-angiotensin-aldosterone system and plays a significant role in the pathophysiology of hypertension, heart failure and other cardiovascular disorders. It also has an important role in the pathogenesis of end organ hypertrophy and damage. The major physiological effects of angiotensin II, such as vasoconstriction, aldosterone stimulation, regulation of salt and water homeostasis and stimulation of cell growth, are mediated via the type 1 (AT₁) receptor.

Candesartan is a prodrug suitable for oral use. It is rapidly converted to the active drug, candesartan, by ester hydrolysis during absorption from the gastrointestinal tract. Candesartan is an angiotensin II receptor antagonist, selective for AT₁ receptors, with tight binding to and slow dissociation from the receptor. It has no agonist activity.

Candesartan does not inhibit angiotensin converting enzyme (ACE), which converts angiotensin I to angiotensin II and degrades bradykinin. Since there is no effect on ACE and no potentiation of bradykinin or substance P, angiotensin II receptor antagonists are unlikely to be associated with cough. This has been confirmed in controlled clinical studies with candesartan. Candesartan does not bind to or block other hormone receptors or ion channels known to be important in cardiovascular regulation.

In hypertension, candesartan causes a dose-dependent, long-lasting reduction in arterial blood pressure. The antihypertensive action is due to decreased systemic peripheral resistance, while heart rate, stroke volume and cardiac output are not affected. There is no indication of serious or exaggerated first dose hypotension or rebound effect after cessation of treatment.

Candesartan is effective in hypertension. After administration of a single dose, onset of antihypertensive effect generally occurs within two hours. With continuous treatment, the maximum reduction in blood pressure with any dose is generally attained within four weeks and is sustained during long-term treatment. It provides effective and smooth blood pressure reduction over the 24 hours dosing interval, with a trough/peak ratio confirming once daily dosing.

Candesartan can be used as monotherapy, or in combination with other antihypertensive drugs, such as thiazide diuretics, calcium antagonists and lisinopril, for improved blood pressure control. Age and gender have no influence on the efficacy of candesartan.

Candesartan has favourable renal haemodynamic effects. It increases renal blood flow and maintains or increases glomerular filtration rate while renal vascular resistance and filtration fraction are reduced.

Candesartan reduces urinary protein excretion in hypertensive patients with microalbuminuria or nephropathy of different aetiology. Candesartan has no adverse effect on blood glucose or lipid profile. In a variety of preclinical safety studies conducted in several species, expected exaggerated pharmacological effects (e.g. renal changes leading to juxtaglomerular cell hypertrophy, adrenal gland zona glomerulosa atrophy and reduced heart weight related to reduced afterload), due to modification of the renin-angiotensin-aldosterone system homeostasis, have been observed. The incidence and severity of the effects induced were dose and time related and have been shown to be reversible in adult animals. Fetotoxicity has been observed in late pregnancy (see PRECAUTIONS Use in pregnancy, Use during lactation).

Pharmacokinetics

In studies comparing candesartan 8 mg and 32 mg tablets with the innovator, the two products were shown to be bioequivalent.

Absorption

Following oral administration, candesartan cilexetil is converted to the active drug candesartan. The absolute bioavailability of candesartan is approximately 40% after an oral solution of candesartan cilexetil. The relative bioavailability of the tablet formulation compared with the same oral solution is approximately 34%, with little variability. The absolute bioavailability of candesartan following administration of the tablet is approximately 14%. The mean peak serum concentration (C_{max}) is reached 3 - 4 hours after taking a tablet. The candesartan serum concentrations increase linearly with increasing doses in the therapeutic dose range. The area under the serum concentration versus time curve (AUC) of candesartan is not significantly affected by food. The peak concentration (C_{max}) is increased by 26% and the rate of absorption is increased when taken with food. These changes are unlikely to result in clinically significant effects.

Distribution

Candesartan is highly bound to plasma protein (more than 99%). The apparent volume of distribution (V_{ss}) of candesartan is 0.1 L/kg.

Metabolism

Candesartan is mainly eliminated unchanged via urine and bile and is eliminated by hepatic metabolism only to a minor extent.

Elimination

The terminal half-life of candesartan is approximately 9 hours. There is no accumulation following multiple doses.

Total plasma clearance of candesartan is about 0.37 mL/min/kg, with a renal clearance of about 0.19 mL/min/kg. The renal elimination of candesartan is both by glomerular filtration and active tubular secretion. Following an oral dose of ^{14}C -labelled candesartan cilexetil about 30% and 70% of the total radioactivity is recovered in the urine and faeces, respectively.

Pharmacokinetics in special populations

In the elderly (over 65 years) both C_{max} and AUC of candesartan are increased in comparison to young subjects. An initial dose of 8 mg is recommended (see DOSAGE & ADMINISTRATION).

In patients with mild to moderate renal impairment C_{max} and AUC of candesartan increased during repeated dosing by approximately 50% and 70% respectively, but $t_{1/2}$ was not altered, compared to patients with normal renal function. The corresponding changes in patients with severe renal impairment was approximately 50% and 110% respectively. The terminal $t_{1/2}$ of candesartan was approximately doubled in patients with severe renal impairment. AUC of candesartan in patients undergoing haemodialysis was similar to that in patients with severe renal impairment.

In patients with mild to moderate hepatic impairment, there was a 23% increase in the AUC of candesartan. No initial dosage adjustment is necessary in these patients.

CLINICAL TRIALS**Hypertension**

The Candesartan and Lisinopril Microalbuminuria (CALM) study was a 24-week double blind, parallel group trial (n=199) to evaluate the effects of candesartan and lisinopril alone and in combination on urinary albumin excretion (UAE) in patients with type II diabetes mellitus, hypertension and microalbuminuria. Patients were randomly allocated to four treatment regimens: 1) 24 weeks of candesartan monotherapy (1/3 of the patients); 2) 24 weeks of lisinopril monotherapy (1/3 of the patients); 3) 12 weeks of candesartan monotherapy, followed by 12 weeks of candesartan + lisinopril combination therapy (1/6 of the patients); and 4) 12 weeks of lisinopril monotherapy, followed by 12 weeks of lisinopril + candesartan combination therapy (1/6 of the patients). Thus, after 12 weeks, half of the patients were treated with candesartan monotherapy (n=99) and half with lisinopril monotherapy (n=98). After 24 weeks, 1/3 of the patients still in the study were on candesartan monotherapy (n=49), 1/3 on lisinopril monotherapy (n=46), and 1/3 on combination therapy (candesartan + lisinopril, n=25; lisinopril + candesartan, n=24).

	Baseline		Change at 12 weeks		Change at 24 weeks	
	SBP mmHg	DBP mmHg	SBP mmHg	DBP mmHg	SBP mmHg	DBP mmHg
Candesartan 16 mg (n=49)	162	96	-15	-10	-14	-10
Lisinopril 20 mg (n=46)	161	96	-14	-10	-17	-11
Candesartan 16 mg + Lisinopril 20 mg from 12 weeks (n=25)	161	95	-16	-11	-22*	-16*

Lisinopril 20 mg + Candesartan 16 mg from 12 weeks (n=24)	161	96	-14	-10	-28**	-17**
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* p<0.05; ** p<0.001 for the additional blood pressure reduction at 24 weeks compared with 12 weeks

Significant reduction in urinary albumin/creatinine ratio (UACR), in both monotherapy treatment groups was observed, although no significant difference between treatment groups was seen. Combination therapy following monotherapy for 12 weeks showed significantly greater reduction in UACR (mean reduction of 50%) than candesartan cilexetil 16 mg monotherapy (mean reduction in UACR 24%) and numerically greater reduction than lisinopril 20 mg monotherapy (mean reduction in UACR 39%).

All treatment regimens reduced both systolic and diastolic blood pressure significantly. The blood pressure reductions were significantly greater with combination therapy than with monotherapy, whether lisinopril was added to candesartan, or candesartan was added to lisinopril (see table).

The antihypertensive effects of candesartan cilexetil and losartan potassium at their highest recommended doses administered once daily were compared in two randomised, double-blind trials. In a total of 1,268 patients with mild to moderate hypertension who were not receiving other antihypertensive therapy, candesartan cilexetil 32 mg lowered systolic and diastolic blood pressure by 2 to 3 mmHg on average more than losartan potassium 100 mg, when measured at the time of either peak or trough effect.

Heart Failure

In patients with chronic heart failure (CHF) and depressed left ventricular systolic function (left ventricular ejection fraction, LVEF ≤ 40%), candesartan decreases systemic vascular resistance and pulmonary capillary wedge pressure, increases plasma renin activity and angiotensin II concentration, and decreases aldosterone levels.

Treatment with candesartan reduces mortality and hospitalisation due to CHF and improves symptoms as shown in the Candesartan in Heart failure – Assessment of Reduction in Mortality and morbidity (CHARM) programme comprising 3 studies (CHARM-Alternative, CHARM-Added and CHARM-Preserved). In all 3 studies, patients on optimal baseline therapy were randomised to placebo or candesartan (titrated from 4 mg or 8 mg once daily to 32 mg once daily or the highest tolerated dose, mean dose 24 mg) and followed for a median of 37.7 months.

CHARM-Alternative

CHARM-Alternative was a multinational, randomised, double-blind placebo controlled study in CHF patients (NYHA class II-IV, n=2,028) with a LVEF ≤ 40% not treated with an ACE inhibitor because of intolerance.

Effect of candesartan versus placebo on composite endpoints and their components in CHARM-Alternative

Endpoint	Absolute Risk Reduction (%)	Hazard Ratio (HR)	95% CI	Relative Risk reduction (%)
CV mortality of CHF hospitalisation	7.0	0.77	0.67 - 0.89 p<0.001	23
CV mortality	3.2	0.85	0.71 - 1.02 p=0.072	15
CHF hospitalisation	7.7	0.68	0.57 - 0.81 p<0.001	32
All-cause mortality or CHF hospitalisation	6.0	0.80	0.70 - 0.92 p=0.001	20
All-cause mortality	3.0	0.87	0.74 - 1.03 p=0.104	13

CHARM-Added

CHARM-Added was a multinational, randomised, double-blind placebo controlled study in CHF patients (NYHA class II-IV, n=2,548) with a LVEF \leq 40% treated with ACE inhibitors.

Effect of candesartan versus placebo on composite endpoints and their components in CHARM-Added

Endpoint	Absolute Risk Reduction (%)	Hazard Ratio (HR)	95% CI	Relative Risk reduction (%)
CV mortality of CHF hospitalisation	4.4	0.85	0.75 - 0.96 p<0.011	15
CV mortality	3.6	0.84	0.72 - 0.98 p=0.029	16
CHF hospitalisation	3.8	0.83	0.71 - 0.96 p<0.013	17
All-cause mortality or CHF hospitalisation	3.9	0.87	0.78 - 0.98 p=0.021	13
All-cause mortality	2.8	0.89	0.77 - 1.02 p=0.086	11

CHARM-Preserved

CHARM-Preserved was a multinational, randomised, double-blind placebo controlled study in CHF patients (n=3,023, NYHA class II-IV) with a LVEF >40%, approximately 20% of whom received an ACE inhibitor. In the CHARM-Preserved study there was no effect of candesartan upon mortality.

Endpoint	Absolute Risk Reduction (%)	Hazard Ratio (HR)	95% CI	Relative Risk reduction (%)
CV mortality of CHF hospitalisation	2.3	0.89	0.77 - 1.03 p<0.118	11
CV mortality	0.00	0.99	0.80 - 1.22 p=0.918	1
CHF hospitalisation	2.4	0.85	0.72 - 1.01 p<0.071	15
All-cause mortality or CHF hospitalisation	1.7	0.95	0.80 - 1.05 p=0.221	8
All-cause mortality	0.0	1.02	0.85 - 1.22 p=0.836	-

All-cause mortality was also assessed in pooled populations, CHARM-Alternative and CHARM-Added (HR 0.88, 95% CI 0.79-0.98, p=0.018) and all three studies (HR 0.91, 95% CI 0.83-1.00, p=0.055). This corresponds to a relative risk reduction of 12% and 9% respectively and an absolute risk reduction of 2.9 and 1.6% respectively.

Treatment with candesartan resulted in improved NYHA functional class in CHARM-Alternative and CHARM-Added (p=0.008 and p=0.020 respectively).

The beneficial effects of candesartan on cardiovascular mortality and CHF hospitalisation were consistent irrespective of age, gender and concomitant medication. Candesartan was effective also in patients taking both beta-blockers and ACE inhibitors at the same time, and the benefit was obtained whether or not patients were taking ACE inhibitors at the target dose recommended by treatment guidelines.

INDICATIONS

Terry White chemists Candesartan is indicated for the treatment of:

- Hypertension.
- Patients with heart failure and impaired left ventricular systolic function (left ventricular ejection fraction $\leq 40\%$) as add-on therapy to ACE inhibitors or when ACE inhibitors are not tolerated.

CONTRAINDICATIONS

- Patients with known hypersensitivity to candesartan cilexetil or any of the excipients
- Pregnancy and lactation (see PRECAUTIONS - Use in pregnancy)
- Severe hepatic impairment and/or cholestasis
- The use of candesartan cilexetil in combination with aliskiren-containing medicines in patients with diabetes mellitus (type I or II) or with moderate to severe renal impairment ($\text{GFR} < 60 \text{ml/min/1.73m}^2$).

PRECAUTIONS

General

In patients whose vascular tone and renal function depend predominantly on the activity of the renin-angiotensin-aldosterone system (e.g. patients with severe congestive heart failure or underlying renal disease, including renal artery stenosis), treatment with drugs that affect this system has been associated with acute hypotension, azotaemia, oliguria or, rarely, acute renal failure. As with any antihypertensive agent, excessive blood pressure decrease in patients with ischaemic heart disease or atherosclerotic cerebrovascular disease could result in a myocardial infarction or stroke.

Kidney transplantation

There is limited clinical experience regarding candesartan use in patients who have undergone renal transplant.

Renal artery stenosis

Other drugs that affect the renin-angiotensin-aldosterone system, i.e. angiotensin converting enzyme (ACE) inhibitors, may increase blood urea and serum creatinine in patients with bilateral renal artery stenosis or stenosis of the artery to a solitary kidney. A similar effect may be anticipated with angiotensin II receptor antagonists.

Aortic and mitral valve stenosis (obstructive hypertrophic cardiomyopathy)

As with other vasodilators, special caution is indicated in patients suffering from haemodynamically relevant aortic or mitral valve stenosis, or obstructive hypertrophic cardiomyopathy.

Primary hyperaldosteronism

Patients with primary hyperaldosteronism will not generally respond to antihypertensive drugs acting through inhibition of the renin-angiotensin-aldosterone system. Therefore, the use of candesartan in these patients is not recommended.

Hypotension

Hypotension may occur during treatment with candesartan in heart failure patients. As described for other agents acting on the renin-angiotensin-aldosterone system, it may also occur in hypertensive patients with intravascular volume depletion. Caution should be observed when initiating therapy and correction of hypovolemia should be attempted.

Dual blockade of the renin-angiotensin-aldosterone system (RAAS) with aliskiren-containing medicines

Dual blockade of the renin-angiotensin-aldosterone system by combining candesartan cilexetil and aliskiren is not recommended since there is an increased risk of hypotension, hyperkalaemia and changes in renal function.

The use of candesartan with aliskiren is contraindicated in patients with diabetes mellitus (type I or II) or moderate to severe renal impairment ($\text{GFR} < 60 \text{ml/min/1.73m}^2$) (see **CONTRAINDICATIONS**).

Hyperkalaemia

Based on experience with the use of other drugs that affect the renin-angiotensin-aldosterone system, concomitant use of candesartan with potassium-sparing diuretics, potassium supplements, salt substitutes containing potassium, or other drugs that may increase potassium levels (e.g. heparin) may lead to increases in serum potassium in hypertensive patients. In heart failure patients treated with candesartan, hyperkalaemia may occur. During treatment with candesartan in patients with heart failure, periodic monitoring of serum potassium is recommended, especially when taken concomitantly with ACE inhibitors and potassium-sparing diuretics such as spironolactone.

Renal impairment

As with other agents inhibiting the renin-angiotensin-aldosterone system, changes in renal function may be anticipated in susceptible patients treated with candesartan. When candesartan is used in hypertensive patients with severe renal impairment, periodic monitoring of serum potassium and creatinine levels should be considered. There is very limited experience in patients with very severe or end-stage renal impairment (i.e. creatinine clearance <15 ml/min/1.73 m² BSA). Evaluation of patients with heart failure should include periodic assessments of renal function. During dose titration of candesartan, monitoring of serum creatinine and potassium is recommended.

Haemodialysis

During dialysis the blood pressure may be particularly sensitive to AT₁-receptor blockade as a result of reduced plasma volume and activation of the renin-angiotensin-aldosterone system. Therefore, candesartan should be carefully titrated with thorough monitoring of blood pressure in patients on haemodialysis (see **DOSAGE & ADMINISTRATION**).

Hepatic impairment

There is limited clinical experience in patients with severe hepatic impairment and/or cholestasis. Use in patients with severe hepatic impairment is contraindicated. Caution is advised in patients with mild to moderate hepatic impairment. There have been reports of clinically significant liver disease occurring with other angiotensin II receptor antagonists. No such cases have been reported to date with candesartan.

Anaesthesia and surgery

Hypotension may occur during anaesthesia and surgery in patients treated with angiotensin II antagonists due to blockade of the renin-angiotensin system. Very rarely, hypotension may be severe such that it may warrant the use of intravenous fluids and/or vasopressors.

Combination use of ACE inhibitors or angiotensin receptor antagonists, anti-inflammatory drugs and thiazide diuretics

The use of an ACE inhibiting drug (ACE-inhibitor or angiotensin receptor antagonist), an anti-inflammatory drug (NSAID or COX-2 inhibitor) and a thiazide diuretic at the same time increases the risk of renal impairment. This includes use in fixed-combination products containing more than one class of drug. Combined use of these medications should be accompanied by increased monitoring of serum creatinine, particularly at the institution of the combination. The combination of drugs from these three classes should be used with caution particularly in elderly patients or those with pre-existing renal impairment.

Effects on fertility

Candesartan cilexetil had no adverse effects on the reproductive performance of male or female rats at oral doses up to 300 mg/kg/day.

Use in pregnancy - Category D¹

The use of candesartan is contraindicated during pregnancy (see **CONTRAINDICATIONS**). Patients receiving candesartan should be made aware of that before contemplating a possibility of becoming pregnant so that they can discuss appropriate options with their treating physician. When pregnancy is diagnosed, treatment with candesartan must be stopped immediately and if appropriate, alternate therapy should be started.

Drugs that act on the renin-angiotensin system (RAS) can cause fetal and neonatal morbidity and death when administered to pregnant women. Exposure to angiotensin II receptor antagonist therapy is known to

¹ *Category D - Drugs which have caused, are suspected to have caused or may be expected to cause, an increased incidence of human fetal malformations or irreversible damage. These drugs may also have adverse pharmacological effects. Accompanying texts should be consulted for further details.*

induce human fetotoxicity (decreased renal function, oligohydramnios, skull ossification retardation) and neonatal toxicity (renal failure, hypotension, hyperkalaemia).

Use in lactation

It is not known whether candesartan is excreted in human milk. However, candesartan is excreted in the milk of lactating rats. Because of the potential for adverse effects on the nursing infant, breast feeding should be discontinued if the use of candesartan is considered essential.

Carcinogenicity

There was no evidence of carcinogenicity when candesartan cilexetil was orally administered to mice and rats for up to 104 weeks at doses up to 100 and 1000 mg/kg/day, respectively. Rats received the drug by gavage whereas mice received the drug by dietary administration. These (maximally tolerated) doses of candesartan cilexetil provided systematic exposures to candesartan (AUCs) that were, in mice, approximately 7 times and, in rats, more than 70 times the exposure in man at the maximum recommended daily human dose (32 mg).

Mutagenicity

Candesartan showed no evidence of genotoxic potential in a series of assay for gene mutations (*Salmonella typhimurium*, *Escherichia coli*, Mouse L5178Y cells and CHO cells), chromosomal aberrations (mouse nucleus assay) and unscheduled DNA synthesis. The active metabolite, candesartan, caused an increase in chromosomal aberrations *in vitro* (CHL cells) but not *in vivo* (mouse micronucleus assay).

Effect of Laboratory Tests

In general there were no clinically important effects of candesartan on routine laboratory variables. As for other inhibitors of the renin-angiotensin-aldosterone system, small decreases in haemoglobin have been seen. Increases in creatinine, urea or potassium and decreases in sodium have been observed. In clinical trials, elevations of ALT occurred in 1.3% of candesartan-treated patients and 0.5% of those treated with placebo. The incidence of AST elevation was 0.4% with candesartan and 0% with placebo. No routine monitoring of laboratory variables is usually necessary for patients receiving candesartan. However, in patients with severe renal impairment, periodic monitoring of serum potassium and creatinine levels should be considered.

Effects on ability to drive and use machines

When driving vehicles or operating machines, it should be taken into account that dizziness or weariness may occur during treatment.

INTERACTIONS WITH OTHER MEDICINES

Dual blockade of the renin-angiotensin-aldosterone system (RAAS) with aliskiren-containing medicines

The combination of candesartan cilexetil with aliskiren-containing medicine is contraindicated in patients with diabetes mellitus (type I or II) or moderate to severe renal impairment ($GFR < 60 \text{ ml/min/1.73m}^2$) and is not recommended in other patients (see **CONTRAINDICATIONS** and **PRECAUTIONS**).

Food

Food increases the rate of absorption of candesartan however the extent of absorption of candesartan is not affected by food.

Lithium

Reversible increases in serum lithium concentrations and toxicity have been reported during concomitant administration of lithium with ACE inhibitors. A similar effect may occur with angiotensin II receptor antagonists and careful monitoring of serum lithium levels is recommended during concomitant use.

Other Medicines

Compounds which have been investigated in clinical pharmacokinetic studies include hydrochlorothiazide, warfarin, digoxin, oral contraceptives (i.e. ethinylloestradiol/ levonorgestrel), glibenclamide and nifedipine and enalapril. No pharmacokinetic interactions of clinical significance were identified in these studies.

Attenuation of the antihypertensive effect may occur when simultaneously administering AIIRAs and non-steroidal anti-inflammatory drugs (NSAIDs; i.e. selective COX-2 inhibitors, acetylsalicylic acid (> 3 g/day) and non-selective NSAIDs).

As with ACE inhibitors, concomitant use of AIIRAs and NSAIDs may lead to an increased risk of worsening of renal function, including possible acute renal failure, and an increase in serum potassium, especially in patients with poor pre-existing renal function. The combination should be administered with caution, especially in older patients and in volume depleted patients. Patients should be adequately hydrated and consideration should be given to monitoring renal function after initiation of concomitant therapy and periodically thereafter.

Candesartan is eliminated only to a minor extent by hepatic metabolism (CYP2C9). Available interaction studies indicate no effect on CYP2C9 and CYP3A4 but the effect on other cytochrome P450 isoenzymes is presently unknown.

Candesartan may be administered with other antihypertensive agents.

ADVERSE EFFECTS

Hypertension

Candesartan was well tolerated in clinical studies showing an adverse event profile comparable to that of placebo. Generally adverse events were mild and transient. The overall incidence of adverse effects showed no association with dose, age or gender. Withdrawals from treatment due to adverse events were similar with candesartan cilexetil (3.1%) and placebo (3.2%).

Information on adverse events was obtained from 39 Phase I to Phase III clinical studies, involving a total of 5,464 subjects. Candesartan was administered as mono or combination therapy to 2,061 hypertensive patients. The crude frequency of the most commonly occurring adverse events, irrespective of causality, reported for those patients and the 573 placebo comparators are given below.

Adverse Event	Monotherapy Studies		Combination Studies		
	Placebo (n=573)	Candesartan (n=1388)	Placebo (n=205)	Candesartan (n=444)	Candesartan + HCTZ (n=673)
Cardiovascular					
Peripheral oedema	0.7	1.3	1.0	1.6	0.1
Gastrointestinal					
nausea	1.4	2.2	0.5	1.1	1.0
abdominal pain	1.9	1.7	2.0	1.4	1.2
diarrhoea	2.3	1.6	1.5	0.9	0.7
vomiting	1.0	1.2	-	-	-
Musculo-skeletal					
back pain	1.2	4.0	1.0	2.3	2.4
Nervous system					
headache	10.7	10.9	4.9	4.1	1.7
dizziness	2.6	2.7	2.0	1.6	2.2
Other					
Influenza-like symptoms	1.0	1.9	0.5	0.9	1.8
Inflicted injury	0.9	1.7	-	-	-
fatigue	1.6	1.5	-	-	-
Respiratory					
URTI	3.9	6.1	2.0	2.3	1.0
bronchitis	2.6	1.9	2.0	0.7	0.9
Coughing	1.8	1.9	2.0	1.1	0.9
pharyngitis	0.7	1.9	-	-	-
rhinitis	0.5	1.3	-	1.1	0.6

HCTZ = hydrochlorothiazide

Median (mean) duration of exposure: placebo 57 (68 days) and candesartan cilexetil: 56 (78 days)

Heart Failure

The adverse experience profile of candesartan in heart failure patients was consistent with the pharmacology of the drug and the health status of the patients. In the CHARM clinical programme, comparing candesartan in doses up to 32 mg (n=3,803) to placebo (n=3,796), 21.0% of the candesartan cilexetil group and 16.1% of the placebo group discontinued treatment because of adverse events. Adverse reactions commonly ($\geq 1/100$, $< 1/10$) seen were:

Vascular disorders:

Hypotension

Metabolism and nutrition disorders:

Hyperkalaemia

Renal and urinary disorders:

Renal impairment

Laboratory findings:

Increases in creatinine, urea and potassium. Periodic monitoring of serum creatinine and potassium is recommended (see **PRECAUTIONS**).

Post marketing

The following adverse reactions have been reported very rarely ($<0.01\%$) in post marketing experience:

Blood and lymphatic system disorders:

Leukopenia, neutropenia and agranulocytosis

Metabolism and nutrition disorders:

Hyperkalaemia, hyponatraemia

Hepato-biliary disorders:

Increased liver enzymes, abnormal hepatic function or hepatitis

Skin and subcutaneous tissue disorders:

Angioedema, rash, urticaria, pruritus

Musculoskeletal, connective tissue and bone disorders:

Back pain, myalgia

Renal and urinary disorders:

Renal impairment, including renal failure in susceptible patients (see **PRECAUTIONS**)

Rare reports of rhabdomyolysis have been reported in patients receiving angiotension II receptor blockers.

** Although causality to candesartan has not been established, the following neuropsychiatric and cardiovascular adverse reactions have been very rarely reported during post-marketing surveillance. These were: agitation, anxiety, depression, insomnia, somnolence, nervousness, nightmare, sleep disorder and palpitations.*

DOSAGE AND ADMINISTRATION

Terry White Chemists Candesartan should be taken once daily with or without food.

Paediatrics

The safety and efficacy of candesartan have not been established in children.

Hypertension

The recommended maintenance dose of candesartan is 8 mg or 16 mg once daily. The maximal antihypertensive effect is attained within 4 weeks following initiation of treatment. For those patients who start on 8 mg and require further blood pressure reduction, a dose increase to 16 mg is recommended. An initial dose of 16 mg is also well tolerated. Some patients may receive an additional benefit by increasing the dose to 32 mg once daily.

In patients with less than optimal blood pressure reduction on candesartan, combination with a thiazide diuretic is recommended.

Geriatrics

An initial dose of 8 mg is recommended.

Hepatic insufficiency

Patients with hepatic impairment: Dose titration is recommended in patients with mild to moderate chronic liver disease, and a lower initial dose of 4 mg should be considered.

Candesartan should not be used in patients with severe hepatic impairment and/or cholestasis (see **CONTRAINDICATIONS**)

Renal insufficiency

No initial dosage adjustment is necessary in patients with mild to moderate impaired renal function (i.e. creatinine clearance 30-80 mL/min/1.73m² BSA). In patients with severely impaired renal function (i.e. creatinine clearance <30 mL/min/1.73m² BSA) including patients on haemodialysis a lower initial dose of 4 mg should be considered.

Heart failure

The usual recommended initial dose of candesartan is 4 mg once daily. Up-titration to the target dose of 32 mg once daily or the highest tolerated dose is performed by doubling the dose at intervals of at least 2 weeks (see **PRECAUTIONS**).

Special patient populations

No initial dose adjustment is necessary for elderly patients or in patients with renal or hepatic impairment.

Concomitant therapy

Candesartan can be administered with other heart failure treatment, including ACE inhibitors, beta-blockers, diuretics and digitalis or a combination of these medicines (see also **PHARMACOLOGY – Pharmacological Actions**).

OVERDOSAGE**Symptoms**

Based on pharmacological considerations, the main manifestation of an overdose is likely to be symptomatic hypotension, and dizziness. In single case reports of overdose (up to 672 mg candesartan cilexetil) patient recovery was uneventful.

Management

If symptomatic hypotension should occur, symptomatic treatment should be instituted and vital signs monitored. The patients should be placed supine with the legs elevated. If this is not sufficient, plasma volume should be increased by the infusion of, for example, isotonic saline solution. Sympathomimetic drugs may be administered if the above-mentioned measures are not sufficient.

Candesartan is not removed by haemodialysis. Contact the Poisons Information Centre for advice on management.

For information on the management of overdose, contact the Poisons Information Centre on 13 11 26 (Australia)

PRESENTATION AND STORAGE CONDITIONS

Terry White Chemists Candesartan is intended for oral administration.

Each tablet contains 4 mg, 8 mg, 16 mg or 32 mg of candesartan cilexetil as the active ingredient.

Terry White Chemists Candesartan Tablets 4 mg: Light pink, mottled, round biconvex uncoated tablet with '291' on one side and a scoreline on the other side. Blister pack (PVC/PE/PVDC/Al) of 7, 28 and 30 tablets. (AUST R 210533).

Terry White Chemists Candesartan Tablets 8 mg: Light pink, mottled, round biconvex uncoated tablet with '292' on one side and a scoreline on the other side. Blister pack (PVC/PE/PVDC/Al) of 7, 28 and 30 tablets. (AUST R 210534)

Terry White Chemists Candesartan Tablets 16 mg: Light pink, mottled, round biconvex uncoated tablet with 'L293' on one side and a scoreline on the other side. Blister pack (PVC/PE/PVDC/Al) of 7, 28 and 30 tablets. (AUST R 210535).

Terry White Chemists Candesartan Tablets 32 mg: Light pink, mottled, round biconvex uncoated tablet with 'L294' on one side and a scoreline on the other side. Blister pack (PVC/PE/PVDC/Al) of 7, 28 and 30 tablets. (AUST R 210536).

Not all strengths and/or pack sizes may be available

Storage

Store below 25°C.

NAME AND ADDRESS OF THE SPONSOR

Apotex Pty Ltd
16 Giffnock Ave
Macquarie Park, NSW 2113
Australia

POISON SCHEDULE OF THE MEDICINE

S4: Prescription Only Medicine.

Date of first inclusion of the Australian Register of Therapeutic Goods (the ARTG): 15 March 2012 (4 mg & 8 mg) and 26 July 2012 (16 mg & 32 mg)

Date of most recent amendment: 22 May 2014