

# SANDOSTATIN® LAR®

(octreotide)

## NAME OF THE MEDICINE

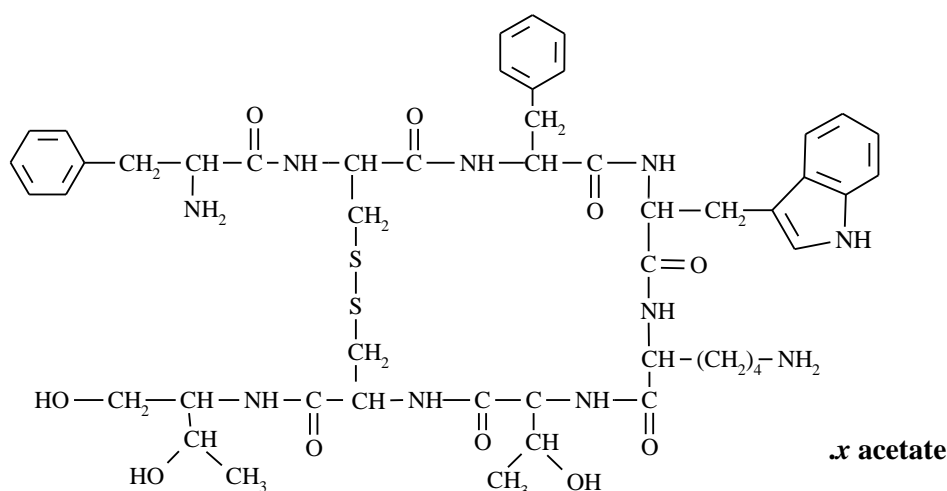
Octreotide

Chemical name: D-Phenylalanyl-L-cysteinyl-L-phenylalanyl-D-tryptophyl-L-lysyl-L-threonyl-N-[2-hydroxy-1-(hydroxymethyl)propyl]-L-cysteinamide cyclic (2 → 7) - disulfide

## DESCRIPTION

Sandostatin LAR is a modified release injection of octreotide. The octreotide is distributed within polymer microspheres.

where  $x = 1.4$  to  $2.5$



CAS number: 79517-01-4. (octreotide acetate)

MW: 1019.3 (free peptide)

Each vial contains: 10, 20, or 30 mg octreotide (present as acetate) and the excipients polyglactin and mannitol. The powder is a white to off-white colour. The vehicle contains carmellose sodium, mannitol and water for injections and is a clear, colourless solution.

## PHARMACOLOGY

### Pharmacodynamics

Octreotide is a synthetic octapeptide analogue of naturally occurring somatostatin with similar pharmacological effects, but with a considerably prolonged duration of action. It inhibits the secretion of serotonin and the gastro-entero-pancreatic (GEP) peptides: gastrin, vasoactive intestinal peptide, insulin, glucagon, secretin, motilin, and pancreatic polypeptide, and of growth hormone (GH). Octreotide, like somatostatin, decreases splanchnic blood flow.

In animals, octreotide is a more potent inhibitor of GH, glucagon and insulin release than somatostatin, with greater selectivity for GH and glucagon suppression.

In healthy subjects octreotide, like somatostatin, has been shown to inhibit:

- release of GH stimulated by arginine, exercise and insulin-induced hypoglycaemia
- postprandial release of insulin, glucagon, gastrin, other peptides of the GEP system, and arginine-stimulated release of insulin and glucagon
- thyrotropin releasing hormone (TRH) stimulated release of thyroid stimulating hormone (TSH)

Unlike somatostatin, octreotide inhibits GH preferentially over insulin and its administration is not followed by rebound hypersecretion of hormones (i.e. GH in patients with acromegaly).

In patients with acromegaly, Sandostatin LAR, an injectable galenic formulation of octreotide suitable for repeated administration at intervals of 4 weeks, delivers consistent and therapeutic octreotide serum concentrations thus consistently lowering GH and normalising Insulin-like Growth Factor-1/Somatomedin-C (IGF-1) serum concentrations in the majority of patients. In most patients, Sandostatin LAR markedly reduces the clinical symptoms of the disease, such as headache, perspiration, paraesthesia, fatigue, osteoarthralgia and carpal tunnel syndrome.

For patients with functional tumours of the gastro-entero-pancreatic endocrine system, treatment with Sandostatin LAR provides continuous control of symptoms related to the underlying disease. The effect of octreotide in different types of gastro-entero-pancreatic tumours are as follows:

### **Carcinoid tumours**

Administration of octreotide may result in improvement of symptoms, particularly of flushing and diarrhoea. In many cases, this is accompanied by a fall in plasma serotonin and reduced urinary excretion of 5-hydroxyindole acetic acid.

### **Vasoactive intestinal peptide secreting tumours (VIPomas)**

The biochemical characteristic of these tumours is overproduction of vasoactive intestinal peptide (VIP). In most cases, administration of octreotide results in alleviation of the severe secretory diarrhoea typical of the condition, with consequent improvement in quality of life. This is accompanied by an improvement in associated electrolyte abnormalities, e.g. hypokalaemia, enabling enteral and parenteral fluid and electrolyte supplementation to be withdrawn. In some patients, computer tomography scanning suggests a slowing or arrest of progression of the tumour, or even tumour shrinkage, particularly of hepatic metastases. Clinical improvement is usually accompanied by a reduction in plasma VIP levels, which may fall into the normal reference range.

## **Pharmacokinetics**

### **Absorption:**

After a single i.m. injection of Sandostatin LAR, the octreotide serum concentration reaches a peak within 1 hour after administration, the area under the peak not being larger than 0.5% of the total AUC, followed by a progressive decrease to low octreotide levels within 24 hours. After this initial peak, the octreotide concentration remains at sub-therapeutic levels for the majority of the patients for the following 7 days after the injection of Sandostatin LAR. This initial peak is lower than that observed when administering octreotide subcutaneously. Octreotide levels necessary for relevant and significant suppression of hormone secretion build up subsequently and remain quite stable from days 14 to 42. After day 42, the octreotide concentration decreases slowly.

In patients with acromegaly, mean plateau octreotide concentrations are about 358 ng/L, 926 ng/L and 1710 ng/L for single 10 mg, 20 mg and 30 mg dose respectively. Steady-state octreotide serum concentrations, reached after 3 injections at 4-week intervals, are higher by a factor of 1.6 to 1.8 (when determined on day 28 after the third injection) as compared to the plateau octreotide levels noted after the first injection (at day 28). During the plateau phase, the peak-trough fluctuation is much lower than that observed for subcutaneously administered octreotide. Octreotide did not accumulate in the body, as monitored over a duration of up to 28 monthly injections of Sandostatin LAR.

In patients with carcinoid tumours, the mean (and median) steady-state serum concentrations of octreotide after multiple injections of 10 mg, 20 mg and 30 mg of Sandostatin LAR given at 4-week intervals also increased linearly with dose and were 1231 (894) ng/L, 2620 (2270) ng/L and 3928 (3010) ng/L, respectively.

Following doses of 20 and 30 mg Sandostatin LAR, the bioavailability of octreotide in cholecystectomized volunteers (measured over 107 days) relative to that seen after the same total doses of subcutaneously administered octreotide was shown to be 60% and 63%, respectively.

### **Distribution:**

According to data obtained with intravenously administered octreotide, the volume of distribution of octreotide is 0.27 L/kg. In blood, the distribution into the erythrocytes was found to be negligible and about 65% was bound in the plasma in a concentration-independent manner. Binding was mainly to lipoprotein and, to a lesser extent, to albumin.

### **Excretion:**

According to data obtained with intravenously and subcutaneously administered octreotide, the total body clearance is 160 mL/min.

## **CLINICAL TRIALS**

### **Acromegaly:**

Sandostatin LAR was evaluated in three clinical trials in acromegalic patients. In these studies, greater than 50% of patients achieved satisfactory serum concentrations of GH (< 2.5 ng/mL) and IGF-1 (< 500 ng/mL). In two of the clinical trials and their open-label extensions, a total of 101 patients were entered who had, in most cases, achieved a GH level < 5 ng/mL on subcutaneous Sandostatin given in doses of 100 micrograms or 200 micrograms three times a day. Most patients were switched to 20 mg or 30 mg doses of Sandostatin LAR given once every 4 weeks for up to 27 to 28 injections. A few patients received doses of 10 mg and a few required doses of 40 mg. Growth hormone and IGF-1 levels were at least as well-controlled with Sandostatin LAR as they had been on subcutaneous Sandostatin and this level of control remained for the entire duration of the trials.

A third trial was a 12 month open-label study that enrolled 151 patients who had GH level < 10 ng/mL after treatment with subcutaneous Sandostatin (most had levels < 5 ng/mL). The starting dose of Sandostatin LAR was 20 mg every 4 weeks for three doses. Thereafter, patients received 10, 20 or 30 mg every 4 weeks depending on the degree of GH suppression. Growth hormone and IGF-1 were at least as well controlled on Sandostatin LAR as they had been on subcutaneous Sandostatin. For the 122 patients who received all 12 injections in this trial, a mean GH level of 2.5 ng/mL was observed in 66% receiving Sandostatin LAR. Over the course of the trial, 57% of patients maintained mean growth hormone levels of < 2.5 ng/mL and mean normal IGF-1 levels.

Antibodies to octreotide have been noted in some patients (up to 25%) after treatment with octreotide. Such antibody positive patients were also observed in two clinical studies with Sandostatin LAR. The results for these patients suggest that there are no significant differences in efficacy and local or systemic tolerability between antibody positive and antibody negative subjects.

Two exploratory open label phase IV studies investigated a 24- and 48- week treatment with Sandostatin LAR in previously untreated acromegalic patients. The median reduction in tumour volume was 20.6% in study B2402 at 24 weeks (n=46) and 29.9% at 48 weeks (n=29) and 24.5% in study B2401 at 24 weeks (n=91) and 36.2% at 48 weeks (n=84). The percentage change in tumour volume during the course of the investigation was assessed by MRI for the intent-to-treat population.

### **Carcinoid syndrome:**

A six-month parallel group clinical trial of malignant carcinoid syndrome was performed in 93 patients who had previously been shown to be responsive to subcutaneous Sandostatin. Sixty-seven patients were randomised at baseline to receive, double-blind doses of 10 mg, 20 mg or 30 mg Sandostatin LAR every 28 days and 26 patients continued, unblinded, on their previous subcutaneous Sandostatin regimen (100 to 300 micrograms three times a day). Sandostatin LAR was as efficacious as subcutaneous Sandostatin in the control of the symptoms of carcinoid

syndrome (diarrhoea, flushing). In patients treated with Sandostatin LAR, the need for supplementary doses of subcutaneous octreotide was comparable to that seen in the patients that continued on subcutaneous Sandostatin, but was somewhat higher in the 10 mg per 28 day group for the first few months.

In patients with carcinoid syndrome and VIPomas, the effect of Sandostatin LAR on tumour size, rate of growth and development of metastases, has not been determined.

### **Advanced neuroendocrine tumours of the midgut or unknown primary tumour location:**

An interim analysis of Phase III, randomised, double blind, placebo-controlled study (PROMID) demonstrated that Sandostatin LAR prolongs TTP in patients with advanced, well-differentiated Neuroendocrine Tumours of the midgut as compared to placebo, across all 3 efficacy analysed populations.

No conclusions could be drawn from the PROMID study regarding an important secondary endpoint; overall survival.

85 patients were randomised to receive Sandostatin LAR 30 mg every 4 weeks (n = 42) or placebo (n = 43) for 18 months, or until tumour progression or death.

Main inclusion criteria were: treatment naïve; histologically confirmed; locally inoperable or metastatic well-differentiated; functionally active or inactive neuroendocrine tumors/carcinomas; with primary tumour located in the midgut or unknown origin believed to be of midgut origin if a primary within the pancreas, chest, or elsewhere was excluded.

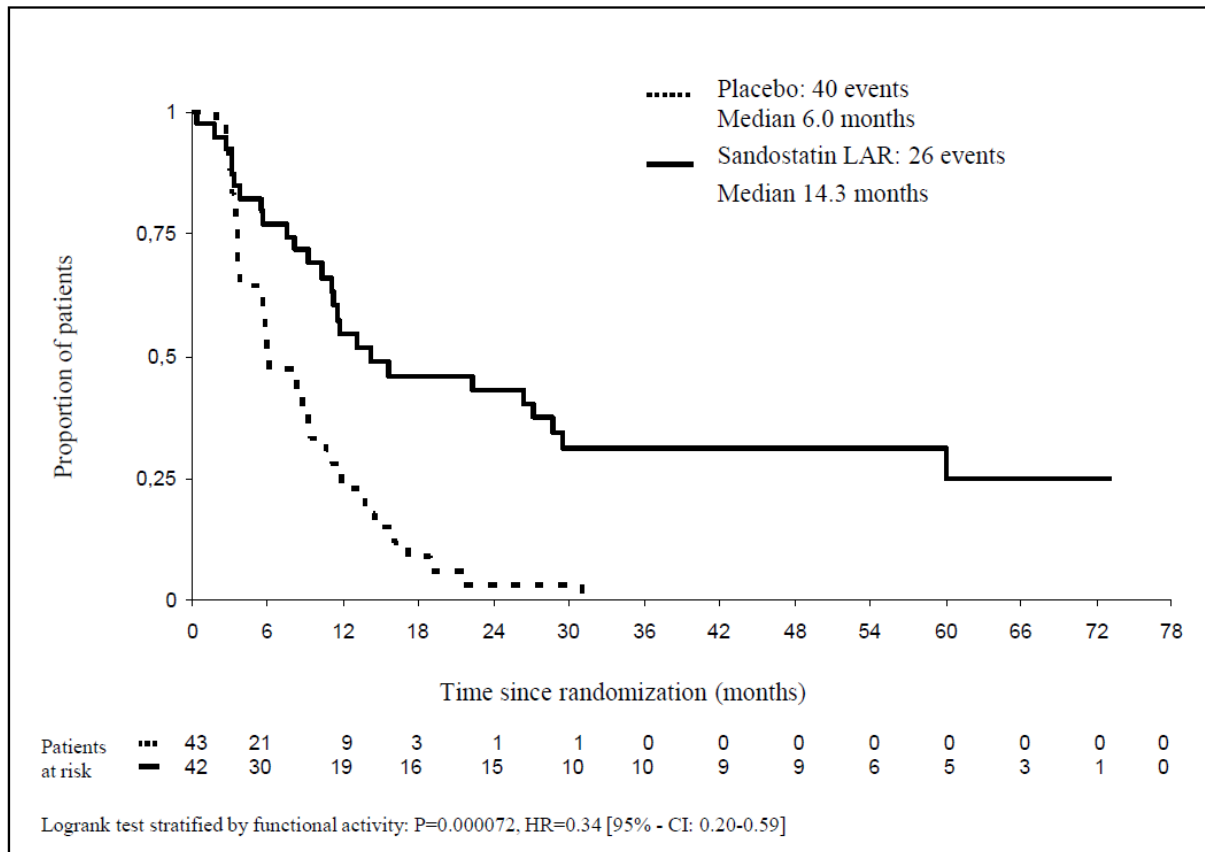
The primary endpoint was time to tumor progression or tumor-related death (TTP). The TTP results by analysis populations is presented in Table 1 and described below.

In the intent-to-treat analysis population (ITT) (all randomised patients), 26 and 41 progressions or tumour-related deaths were seen in the Sandostatin LAR and placebo groups, respectively (HR = 0.32; 95% CI, 0.19 to 0.55; p-value =0.000015).

In the conservative ITT (cITT) analysis population in which 3 patients were censored at randomisation, 26 and 40 progressions or tumour-related deaths were observed in the Sandostatin LAR and placebo groups, respectively (HR=0.34; 95% CI, 0.20 to 0.59; p-value =0.000072; Fig 1). Median time to tumour progression was 14.3 months (95% CI, 11.0 to 28.8 months) in the Sandostatin LAR group and 6.0 months (95% CI, 3.7 to 9.4 months) in the placebo group.

In the Per-protocol analysis population (PP) in which additional patients were censored at end study therapy, tumour progression or tumour-related death was observed in 19 and 38 Sandostatin LAR and placebo recipients, respectively (HR = 0.24; 95% CI, 0.13 to 0.45; p-value =0.0000036).

**Figure 1 Kaplan-Meier estimates of TTP comparing Sandostatin LAR with placebo (conservative ITT population)**



**Table 1 TTP results by analysis populations**

	TTP Events		Median TTP months [95% C.I.]		HR [95% C.I.] p-value *
	Sandostatin LAR	Placebo	Sandostatin LAR	Placebo	
<b>ITT</b>	<b>26</b>	<b>41</b>	<b>NR</b>	<b>NR</b>	<b>0.32</b> <b>[95% CI, 0.19 to 0.55]</b> <b>P=0.000015</b>
<b>cITT</b>	<b>26</b>	<b>40</b>	<b>14.3</b> <b>[95% CI, 11.0 to 28.8]</b>	<b>6.0</b> <b>[95% CI, 3.7 to 9.4]</b>	<b>0.34</b> <b>[95% CI, 0.20 to 0.59]</b> <b>P=0.000072</b>
<b>PP</b>	<b>19</b>	<b>38</b>	<b>NR</b>	<b>NR</b>	<b>0.24</b> <b>[95% CI, 0.13 to 0.45] P=0.0000036</b>
<b>NR=not reported; HR=hazard ratio; TTP=time to tumour progression; ITT=intention to treat; cITT=conservative ITT; PP=per protocol</b> <b>*Logrank test stratified by functional activity</b>					

Subgroup analyses on the per-protocol analysis population demonstrated that treatment effect was similar in patients with functionality active (HR=0.23; 95% CI, 0.09 to 0.57), or inactive tumours (HR=0.25; 95% CI, 0.10 to 0.59).

After 6 months of treatment, stable disease was observed in 66 % of patients in the Sandostatin LAR group and 37 % of patients in the placebo group.

Both treatment groups had comparable levels of global QoL at random assignment and after 6 months of follow up.

Based on the significant benefit of Sandostatin LAR observed in this pre-planned interim analysis the recruitment was stopped, after over half (52%) of its intended participants were enrolled (85/162).

In this study, there were limitations in the estimation of the true magnitude of time to tumor progression and disease stabilisation with Sandostatin LAR. Documented progressive disease was not a requirement for study entry and there was a significant imbalance between the groups in time since diagnosis which was a median 7.5 months in the Sandostatin LAR group and 3.3 months in the placebo group (p=0.01). As the treatment effect was relatively large after analysis of tumour progression or tumour related death in the analysed populations, these factors are not likely to affect the significance of the result.

The safety of Sandostatin LAR in this trial was consistent with its established safety profile.

## **INDICATIONS**

### **Acromegaly**

For the symptomatic control and reduction of growth hormone and IGF-1 plasma levels in patients with acromegaly, including those who are inadequately controlled by surgery, radiotherapy, or dopamine agonist treatment but who are adequately controlled on s.c. treatment with Sandostatin. Sandostatin LAR is also indicated in acromegalic patients unfit or unwilling to undergo surgery, or in the interim period until radiotherapy becomes fully effective.

### **Gastro-entero-pancreatic tumours**

For the relief of symptoms associated with the following functional tumours of the gastro-entero-pancreatic endocrine system:

- Carcinoid tumours with features of the carcinoid syndrome
- Vasoactive intestinal peptide secreting tumours (VIPomas) in patients who are adequately controlled on subcutaneous treatment with Sandostatin

Sandostatin LAR is not curative in these patients.

### **Advanced Neuroendocrine Tumours of the Midgut**

Treatment of patients with progression of well-differentiated, advanced neuroendocrine tumours of the midgut or suspected midgut origin.

## **CONTRAINDICATIONS**

Hypersensitivity to octreotide or any components of the formulation.

## **PRECAUTIONS**

### **Cardiovascular related events:**

Cases of bradycardia have been reported (frequency: common). Medical review including dose adjustment of this agent and dose adjustments of drugs such as beta-blockers, calcium channel blockers, or agents to control fluid and electrolyte balance, may be necessary.

### **Gallbladder and related events:**

In clinical trials (primarily patients with acromegaly or psoriasis) in patients who had not previously received octreotide, the incidence of biliary tract abnormalities was 63% (27% gallstones, 24% sludge without stones, 12% biliary duct dilatation). The incidence of stones or



sludge in patients who received Sandostatin for 12 months or longer was 52%. Less than 2% of patients treated with Sandostatin for 1 month or less developed gallstones.

The prevalence in the general population (aged 40 to 60 years) is estimated from reviews to be about 5-20%. Long-term exposure of patients with acromegaly or gastro-entero-pancreatic tumours to Sandostatin LAR suggests that treatment with Sandostatin LAR does not increase the incidence of gallstone formation as compared to subcutaneous treatment. Ultrasonic examination of the gallbladder before and at 6 to 12 monthly intervals during Sandostatin LAR therapy is however recommended. If gallstones do occur, they are usually asymptomatic; symptomatic stones should be treated either by dissolution therapy with bile acids or by surgery.

### **GH secreting pituitary tumours:**

As GH-secreting pituitary tumours may sometimes expand, causing serious complication (e.g. visual field defects), it is essential that all patients be carefully monitored. If evidence of tumour expansion appears, alternative procedures may be advisable.

### **Gastro-entero-pancreatic tumours:**

In the treatment of gastro-entero-pancreatic endocrine tumours with subcutaneous Sandostatin, sudden escape from symptomatic control may occur infrequently, with rapid recurrence of severe symptoms. To date, in patients with gastro-entero-pancreatic endocrine tumours treated with Sandostatin LAR, there is no evidence of a sudden escape from symptomatic control with abrupt recurrence of severe symptoms.

### **Effects on glucose regulation:**

In patients with concomitant Type I diabetes mellitus, Sandostatin LAR is likely to affect glucose regulation, and insulin requirements may be reduced. In non-diabetics and type II diabetics with partially intact insulin reserves, Sandostatin s.c. administration may result in increases in post-prandial glycaemia. It is therefore recommended to monitor glucose tolerance and antidiabetic treatment.

In patients with concomitant hypersecretion of insulin, octreotide, because of its greater relative potency in inhibiting the secretion of GH and glucagon than that of insulin, and because of the shorter duration of its inhibitory action on insulin, may increase the depth and prolong the duration of hypoglycaemia. These patients should be closely monitored.

### **Nutrition:**

Octreotide may alter absorption of dietary fats in some patients.

Depressed vitamin B<sub>12</sub> levels and abnormal Schilling's tests have been observed in some patients receiving octreotide therapy. Monitoring of vitamin B<sub>12</sub> levels is recommended during therapy with Sandostatin LAR in patients who have a history of vitamin B<sub>12</sub> deprivation.

**Thyroid function:**

Thyroid function should be monitored in patients receiving prolonged treatment with octreotide.

**Use in patients with impaired renal function:**

Impaired renal function did not affect the total exposure (AUC) to octreotide when administered subcutaneously. Therefore, no dose adjustment of Sandostatin LAR is necessary.

**Use in patients with impaired hepatic function:**

In a study with octreotide administered subcutaneously and intravenously it was shown that the elimination capacity was reduced in patients with liver cirrhosis, but not in patients with fatty liver disease. Due to the wide therapeutic window of octreotide, no dose adjustment of Sandostatin LAR is necessary in patients with liver cirrhosis.

**Use in the elderly:**

In a study with octreotide administered subcutaneously no dose adjustment was necessary in patients 65 years of age or older. Therefore, no dose adjustment is necessary in this group of patients with Sandostatin LAR.

**Paediatric Use:**

There is very limited experience with the use of Sandostatin LAR in children.

**Carcinogenicity:**

In repeat dose toxicity studies in rats of 52 weeks duration and longer, predominantly in males, sarcomas were noted at the subcutaneous injection site of octreotide in an acidic vehicle and at a lower incidence with the acidic vehicle alone. These did not occur in a mouse carcinogenicity study, nor did hyperplastic or neoplastic lesions occur at the subcutaneous injection site in a 52-week dog toxicity study. There have been no reports of tumour formation at the injection sites in patients treated for up to 3 years with subcutaneous octreotide. All information available at present indicates that the finding of injection site sarcomas in rats is species-specific and has no significance for the use of the drug in humans. The 116-week rat carcinogenicity study also revealed uterine endometrial adenocarcinomas, their incidence reaching statistical significance at the highest dose of 1.25 mg/kg per day. The presence of endometritis coupled with the absence of corpora lutea, the reduction in mammary fibroadenomas, and the presence of uterine dilatation suggest that the uterine tumours were associated with oestrogen dominance in the aged female rats which does not occur in humans.

**Genotoxicity:**

In the post-marketing experience, data on a limited number of exposed pregnancies have been reported in patients with acromegaly, however, in half of the cases the pregnancy outcomes are unknown (see Use in Pregnancy). In most of the cases with known outcome, normal newborns were reported but also several spontaneous abortions during the first trimester, and a few

induced abortions. There were no cases of congenital anomalies or malformations due to octreotide usage in the cases that reported pregnancy outcomes.

### **Effects on fertility**

It is not known whether octreotide has an effect on human fertility. Reproduction studies have been performed in rats and rabbits at doses up to 1 mg/kg octreotide and have revealed no evidence of any adverse effect of subcutaneous octreotide on fertility or morphogenesis (see Use in Pregnancy).

### **Use in Pregnancy (Category C):**

There are no adequate and well-controlled studies in pregnant women. In the post-marketing experience, data on a limited number of exposed pregnancies have been reported in patients with acromegaly, however, in half of the cases the pregnancy outcomes are unknown. Most women were exposed to octreotide during the first trimester of pregnancy at doses ranging from 100 to 300 micrograms/day of Sandostatin s.c. or 20 to 30 mg/month of Sandostatin LAR. In approximately two-thirds of the cases with known outcome, the women elected to continue octreotide therapy during their pregnancies. In most of the cases with known outcome, normal newborns were reported but also several spontaneous abortions during the first trimester, and a few induced abortions.

There were no cases of congenital anomalies or malformations due to octreotide usage in the cases that reported pregnancy outcomes.

Sandostatin should only be prescribed to pregnant women under compelling circumstances.

The therapeutic benefits of a reduction in growth hormone (GH) levels and normalization of insulin-like growth factor 1 (IGF-1) concentration in female acromegalic patients could potentially restore fertility. Female patients of childbearing potential should be advised to use adequate contraception if necessary during treatment with octreotide.

Reproduction studies have been performed in rats and rabbits at doses up to 1 mg/kg octreotide and have revealed no evidence of any adverse effect of subcutaneous octreotide on fertility or morphogenesis. Foetal and post-natal growth retardation was seen in rats, probably due to suppression of growth hormone.

### **Use in lactation:**

It is unknown whether octreotide is excreted in human breast milk. Animal studies have shown excretion of octreotide in breast milk. Patients should not breast-feed during Sandostatin treatment.

## **INTERACTIONS WITH OTHER MEDICINES**

Dose adjustment of medicinal products such as beta-blockers, calcium channel blockers, or agents to control fluid and electrolyte balance, may be necessary when Sandostatin LAR is administered concomitantly (see Precautions).

Octreotide has been found to reduce the intestinal absorption of cyclosporin and to delay that of cimetidine. Since octreotide has also been associated with alterations in nutrient absorption, its effect on absorption of any orally administered drugs should be carefully considered.

Adjustment of the dosage of drugs affecting glucose metabolism, such as insulin and oral hypoglycaemic agents, may be required during Sandostatin LAR therapy.

Concomitant administration of octreotide and bromocriptine increased the bioavailability of bromocriptine.

Limited published data indicate that somatostatin analogues might decrease the metabolic clearance of compounds known to be metabolised by cytochrome P450 enzymes, which may be due to the suppression of growth hormone. Since it cannot be excluded that octreotide may have this effect, other drugs mainly metabolised by CYP3A4 and which have a low therapeutic index (e.g. quinidine) should therefore be used with caution.

## **ADVERSE EFFECTS**

### **Summary of the safety Profile**

The most frequent adverse reactions reported during octreotide therapy include gastrointestinal disorders, nervous system disorders, hepatobiliary disorders, and metabolism and nutritional disorders.

The most commonly reported adverse reactions in clinical trials with octreotide administration were diarrhoea, abdominal pain, nausea, flatulence, headache, cholelithiasis, hyperglycaemia and constipation. Other commonly reported adverse reactions were dizziness, localised pain, biliary sludge, thyroid dysfunction (e.g. decreased thyroid stimulating hormone [TSH], decreased Total T4, and decreased Free T4), loose stools, impaired glucose tolerance, vomiting, asthenia, and hypoglycaemia.

Local injection site reactions to Sandostatin LAR may occur, and are usually mild and of short duration. They include local pain and, occasionally, swelling, irritation and rash.

Although measured faecal fat excretion may increase, there is no evidence to date that long-term treatment with octreotide has led to nutritional deficiency due to malabsorption. In rare instances, gastrointestinal side effects may resemble acute intestinal obstruction, with progressive abdominal distension, severe epigastric pain, abdominal tenderness and guarding.

In rare instances, acute pancreatitis has been reported within the first hours or days of s.c. Sandostatin treatment and resolved on withdrawal of the drug. In addition, cholelithiasis-induced pancreatitis has been reported for patients on long-term s.c. Sandostatin treatment.

In both acromegalic and carcinoid syndrome patients arrhythmia and ECG changes such as QT prolongation, axis shifts, early repolarisation, low voltage, R/S transition, early R wave progression and non-specific ST-T wave changes were observed. The relationship of these events to octreotide acetate is however not established because many of these patients have underlying cardiac diseases (see PRECAUTIONS).

### **Tabulated summary of adverse drug reactions from clinical trials**

Adverse drug reactions (see Table 2 below) from clinical trials are listed by MedDRA system organ class. Within each system organ class, the adverse drug reactions are ranked by frequency, with the most frequent reactions first. Within each frequency grouping, adverse drug reactions are presented in order of decreasing seriousness. In addition, the corresponding frequency category for each adverse drug reaction is based on the following convention (CIOMS III): very common ( $\geq 1/10$ ); common ( $\geq 1/100, < 1/10$ ); uncommon ( $\geq 1/1,000, < 1/100$ ); rare ( $\geq 1/10,000, < 1/1,000$ ) very rare ( $< 1/10,000$ ).

**Table -2 Adverse drug reactions reported in clinical studies**

<b>Gastrointestinal disorders</b>	
Very common:	Diarrhoea, abdominal pain, nausea, constipation, flatulence.
Common:	Dyspepsia, vomiting, abdominal distension, steatorrhoea, loose stools, faeces discoloured.
<b>Nervous system disorders</b>	
Very common:	Headache.
Common:	Dizziness.
<b>Endocrine disorders</b>	
Common:	Hypothyroidism, thyroid dysfunction (e.g. decreased TSH, decreased Total T4, and decreased Free T4).
<b>Hepatobiliary disorders</b>	
Very common:	Cholelithiasis.
Common:	Cholecystitis, biliary sludge, hyperbilirubinaemia.
<b>Metabolism and nutrition disorders*</b>	
Very common:	Hyperglycaemia.
Common:	Hypoglycaemia, glucose tolerance impaired, anorexia.
Uncommon:	Dehydration.
<b>General disorders and administration site conditions</b>	
Very common:	Injection site reactions.
Common:	Asthenia
<b>Investigations</b>	
Common:	Transaminase increased.
<b>Skin and subcutaneous tissue disorders</b>	
Common:	Pruritus, rash, alopecia.
<b>Respiratory, thoracic and mediastinal disorders</b>	
Common:	Dyspnoea.
<b>Cardiac disorders</b>	
Common:	Bradycardia.
Uncommon:	Tachycardia.

\* Because of its inhibitory action on growth hormone, glucagon and insulin release, Sandostatin LAR may affect glucose regulation. Post-prandial glucose tolerance may be impaired. As reported for patients treated with s.c.

Sandostatin, in some instances, a state of persistent hyperglycaemia may be induced as a result of chronic administration. Hypoglycaemia has also been reported.

### **Adverse drug reactions from spontaneous reports and literature cases (frequency not known)**

The following adverse drug reactions (Table 3) have been derived from post-marketing experience with octreotide via spontaneous case reports and literature cases. Because these reactions are reported voluntarily from a population of uncertain size, it is not possible to reliably estimate their frequency which is therefore categorised as not known. Adverse drug reactions are listed according to system organ classes in MedDRA. Within each system organ class, ADRs are presented in order of decreasing seriousness.

**Table -3 Adverse drug reactions from spontaneous reports and literature (frequency not known)**

<b>Immune disorders</b>	Anaphylactic reaction, allergy/hypersensitivity reactions.
<b>Skin and subcutaneous tissue disorders</b>	Urticaria.
<b>Hepatobiliary disorders</b>	Pancreatitis Acute, acute hepatitis without cholestasis*, hepatitis cholestatic, cholestasis, jaundice, jaundice cholestatic.
<b>Cardiac disorders</b>	Arrhythmias.
<b>Investigations</b>	Blood alkaline phosphatase increased, gamma glutamyl transferase increased.

\* where there has been normalisation of transaminase values on withdrawal of subcutaneous octreotide

## **DOSAGE AND ADMINISTRATION**

Sandostatin LAR may only be administered by deep intragluteal injection. Each injection is for single use only. The site of repeat intragluteal injections should be alternated between the left and right gluteal muscle. Deltoid injections are to be avoided because of significant discomfort at the injection site when given in that area.

### **Acromegaly:**

#### **Patients controlled with subcutaneous octreotide**

In patients who are adequately controlled with the usual therapeutic range of subcutaneous octreotide, it is recommended to start treatment with the administration of 20 mg Sandostatin LAR at 4-week intervals for 3 months. Treatment with Sandostatin LAR can be started the day after the last dose of s.c. Sandostatin. Subsequent dosage adjustment should be based on serum GH and IGF-1 concentrations and clinical symptoms.

In patients in whom clinical symptoms and biochemical parameters (GH; IGF-1) are not fully controlled (GH concentrations still above 2.5 µg/L) within this 3-month period, the dose may be increased to 30 mg every 4 weeks.

The monitoring of GH concentrations is recommended for another 3 months. If, after 6 months of treatment, the response is judged to be inadequate from clinical and biological points of view, Sandostatin LAR should be discontinued.

For patients whose GH concentrations are consistently below 1 µg/L, whose IGF-1 serum concentrations are normalised, and in whom most reversible signs/symptoms of acromegaly have disappeared after 3 months of treatment with 20 mg, 10 mg of Sandostatin LAR may be administered every 4 weeks. However, particularly in this group of patients, it is recommended to closely monitor adequate control of serum GH and IGF-1 concentrations, as well as clinical signs/symptoms at this low dose of Sandostatin LAR.

For patients on a stable dose of Sandostatin LAR, assessment of biochemical markers should be made periodically.

### **Patients not previously treated with octreotide**

For patients in whom surgery, radiotherapy or dopamine agonist treatment is inappropriate, or ineffective, or in the interim period until radiotherapy becomes fully effective, a short treatment period of subcutaneous octreotide is recommended to assess the response and systemic tolerability of octreotide prior to initiating treatment with Sandostatin LAR as described above.

### **Gastro-entero-pancreatic endocrine tumours:**

#### **Patients controlled with subcutaneous octreotide**

For patients whose symptoms are adequately controlled with s.c. Sandostatin, it is recommended to start treatment with the administration of 20 mg Sandostatin LAR at 4-week intervals. The treatment with s.c. Sandostatin should be continued at the previously effective dosage for 2 weeks after the first injection of Sandostatin LAR.

For patients in whom symptoms and biological markers are well controlled after 3 months of treatment, the dose may be reduced to 10 mg Sandostatin LAR every 4 weeks. For patients whose symptoms are only partially controlled after 3 months of treatment, the dose may be increased to 30 mg Sandostatin LAR every 4 weeks.

For days when symptoms associated with gastro-entero-pancreatic tumours may increase during treatment with Sandostatin LAR, additional administration of s.c. Sandostatin is recommended at the dose used prior to the Sandostatin LAR treatment. This may occur mainly in the first 2 months of treatment until therapeutic concentrations of octreotide are reached.

#### **Patients not previously treated with octreotide**

For patients who were not previously treated with s.c. Sandostatin, it is recommended to start with the administration of s.c. Sandostatin at a dosage of 0.1 mg (100 micrograms) three times daily for a short period (approximately 2 weeks) to assess the response and systemic



tolerability of octreotide before initiating the treatment with Sandostatin LAR as described above.

### **Advanced neuroendocrine tumours of the midgut or suspected midgut origin:**

The recommended dose of Sandostatin LAR is 30 mg administered every 4 weeks. Treatment with Sandostatin LAR for tumour control should be continued in the absence of tumour progression.

### **Instructions for Use:**

Sandostatin LAR is reconstituted using the vehicle provided in the prefilled syringe and administered by deep intragluteal injection only. Sandostatin LAR suspension must only be prepared **immediately** before administration. Sandostatin LAR should only be administered by a trained health professional.

Follow the instructions below carefully to ensure complete saturation of the powder and its uniform suspension before i.m. injection.

1. Allow the Sandostatin LAR vial and vehicle to reach room temperature.
2. Remove the cap from the vial containing Sandostatin LAR and ensure that the powder is settled at the bottom of the vial by lightly tapping the vial.
3. Remove the cap from the vehicle syringe. Attach one of the supplied needles to the vehicle syringe.
4. Disinfect the rubber stopper of the vial with an alcohol swab. Insert the needle through the centre of the rubber stopper of the Sandostatin LAR vial.
5. Without disturbing the Sandostatin LAR powder, gently inject all the vehicle into the vial by running the vehicle down the inside wall of the vial. Do not inject the vehicle directly into the powder.
6. Withdraw the needle from the vial.
7. **Do not disturb the vial** until the vehicle has totally wetted the Sandostatin LAR powder (approximately 2-5 minutes). **Without inverting the vial** check the powder on the walls and bottom of the vial. If dry spots exist, allow undisturbed wetting to continue. At this stage, prepare the patient for injection.
8. Once complete wetting has occurred, the vial should be moderately swirled for about 30 to 60 seconds until a uniform milky suspension is achieved. **Do not vigorously shake the vial** as this may cause the suspension to flocculate, making it unusable.
9. Immediately re-insert the needle through the rubber stopper and then, with the bevel down and the vial tipped at approximately 45 degree angle, slowly draw the contents of the vial into the syringe. **Do not invert the vial** when filling the syringe as this may affect the amount withdrawn. It is normal for a small amount of suspension to remain on the walls and bottom of the vial. This is a calculated overfill.
10. Immediately change the needle (supplied).
11. Administration must occur immediately after the suspension has been prepared. Gently invert the syringe as needed to maintain a uniform suspension. Eliminate air from the syringe.

12. Insert the needle into the right or left gluteus and draw back to ensure that no blood vessel has been penetrated. Inject slowly i.m. by deep intragluteal injection with steady pressure. If the needle blocks, attach a new needle of the same diameter (1.1 mm, 19 gauge).
13. If a blood vessel has been penetrated, attach a new needle and select another injection site.

**Sandostatin LAR must never be given intravenously.**

## **OVERDOSAGE**

### **Symptoms:**

A limited number of accidental overdoses of Sandostatin in adults and children have been reported. In adults, the doses ranged from 2,400 – 6,000 micrograms/day administered by continuous infusion (100-250 micrograms/hour) or subcutaneously (1,500 micrograms t.i.d.). The adverse events reported were arrhythmia, hypotension, cardiac arrest, brain hypoxia, pancreatitis, hepatitis steatosis, diarrhoea, weakness, lethargy, weight loss, hepatomegaly and lactic acidosis.

A limited number of accidental overdoses of Sandostatin LAR have been reported. The doses ranged from 100 mg to 163 mg/month of Sandostatin LAR. The only adverse event reported was hot flushes.

Cancer patients receiving doses of Sandostatin LAR up to 60 mg/month and up to 90 mg/2 weeks have been reported. These doses were in general well tolerated; however, the following adverse events have been reported: frequent urination, fatigue, depression, anxiety and lack of concentration.

### **Treatment:**

The management of overdosage is symptomatic. Contact the Poisons Information Centre on 13 11 26 for advice on management.

## **PRESENTATION AND STORAGE CONDITIONS**

Single glass vials of 10, 20 or 30 mg octreotide modified release injection to be suspended in vehicle prior to injection. Each pack also contains one prefilled syringe containing vehicle solution and 2 needles.

**Storage Conditions:** Store at 2 to 8°C. Protect from light. Sandostatin LAR can remain below 25°C on the day of injection. **However, the suspension must only be prepared immediately prior to injection.**

**NAME AND ADDRESS OF SPONSOR**

Novartis Pharmaceuticals Australia Pty Limited  
ABN 18 004 244 160  
54 Waterloo Road  
NORTH RYDE NSW 2113

**POISON SCHEDULE OF THE MEDICINE**

Schedule 4 - Prescription Only Medicine.

**DATE OF FIRST INCLUSION IN THE AUSTRALIAN REGISTER OF  
THERAPEUTIC GOODS (THE ARTG)**

24 December 1999

**DATE OF MOST RECENT AMENDMENT**

08 December 2014

® = Registered Trademark

---

For Internal Use Only  
(sal081214i.doc) based on CDS of 08 September 2014.