

# Acyclo-V\* 200

contains the active ingredient aciclovir

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## CONSUMER MEDICINE INFORMATION

### What is in this leaflet

This leaflet answers some common questions about Acyclo-V.

It does not contain all of the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have benefits and risks. Your doctor has weighed the risks of you taking Acyclo-V against the benefits they expect it will have for you.

**If you have any concerns about taking this medicine, talk to your doctor or pharmacist.**

Keep this leaflet with your medicine. You may need to read it again.

### What Acyclo-V is used for

Acyclo-V is used for the treatment of genital herpes. Acyclo-V makes an outbreak of genital herpes shorter and less severe.

Acyclo-V can also be used long term to prevent or reduce the number of outbreaks of genital herpes in people who experience them often.

Acyclo-V belongs to a group of medicines called "anti-virals". It works by stopping the production of the virus which causes genital herpes. Acyclo-V does not get rid of the virus from your body.

Your doctor may have prescribed Acyclo-V for another purpose. Ask your doctor if you have any questions about why Acyclo-V has been prescribed for you.

Acyclo-V is not recommended for use in children, as there have been no studies of its effects in children.

Acyclo-V is available only with a doctor's prescription.

There is no evidence that Acyclo-V is addictive.

## **Before you take Acyclo-V**

### **When you must not take it**

**Do not take Acyclo-V if you have an allergy to:**

- **any medicine containing aciclovir or valaciclovir**
- **any of the ingredients listed at the end of this leaflet.**

Some of the symptoms of an allergic reaction may include shortness of breath; wheezing or difficulty breathing; swelling of the face, lips, tongue or other parts of the body; and rash, itching or hives on the skin.

**Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.**

If it has expired or is damaged, return it to your pharmacist for disposal.

**If you are not sure whether you should start taking this medicine, talk to your doctor.**

## **Before you start to take it**

**Tell your doctor if:**

- 1. you are allergic to any other medicines, foods, dyes or preservatives**
- 2. you have any other health problems or medical conditions, including:**
  - kidney problems
  - liver problems
  - nerve disease
  - blood conditions
- 3. you are pregnant or plan to become pregnant**

Your doctor will discuss the risks and benefits of taking Acyclo-V when pregnant.

- 4. you are breastfeeding or wish to breastfeed**

Your doctor will discuss the risks and benefits of taking Acyclo-V when breastfeeding.

**If you have not told your doctor about any of the above, tell them before you start taking Acyclo-V.**

## **Taking other medicines**

**Tell your doctor if you are taking any other medicines, including medicines that you buy without a prescription from a pharmacy, supermarket or health food shop.**

Some medicines may interfere with Acyclo-V. These include:

- probenecid, a medicine commonly used to treat gout
- diuretics, also called fluid tablets

These medicines may be affected by Acyclo-V or may affect how well Acyclo-V works.

Your doctor or pharmacist can tell you what to do if you are taking any of these medicines. They also have a more complete list of medicines to be careful with or avoid while taking Acyclo-V.

## **How to take Acyclo-V**

Your doctor will tell you how much to take and when to take it.

**Take Acyclo-V exactly as directed by your doctor.**

## **How much to take**

To treat an outbreak of herpes, the usual dose of Acyclo-V is one tablet every four hours while awake (a total of five tablets daily).

To prevent or reduce the number of outbreaks of herpes, the usual dose is one tablet three times a day.

Some patients will take different doses to these. Your doctor will decide the right dose for you.

## **How to take it**

The tablets may be swallowed whole with a glass of water. The tablets may also be dispersed in at least a quarter of a glass of water (about 50 mL) and then swallowed.

## **If you forget to take it**

**If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.**

**Otherwise, take the missed dose as soon as you remember, and then go back to taking your tablets as you would normally.**

**Do not take a double dose to make up for the dose you missed.**

**If you miss more than one dose, or are not sure what to do, check with your doctor or pharmacist.**

## **How long to take it for**

For treating an initial outbreak of herpes, Acyclo-V is usually taken for 10 days.

For preventing or reducing the number of outbreaks of herpes, Acyclo-V is usually taken daily for up to 6 months.

Some people who have repeated outbreaks of herpes take Acyclo-V for 5 days each time they have an outbreak. If this applies to you, it is important to start taking Acyclo-V at the first sign of an outbreak.

**Keep taking Acyclo-V until you finish the pack or for as long as your doctor recommends.**

Do not stop taking Acyclo-V, even if you feel better after a few days, unless advised by your doctor. Your herpes may not clear completely if you stop taking your medicine too soon.

## **If you take too much (overdose)**

**Immediately telephone your doctor or Poisons Information Centre (telephone 13 11 26) for advice, or go to Accident and Emergency at the nearest hospital if you think that you or anyone else may have taken too much Acyclo-V. Do this even if there are no signs of discomfort or poisoning.**

You may need urgent medical attention.

# **While you are taking Acyclo-V**

## **Things you must do**

**Drink plenty of fluids while you are taking Acyclo-V.**

**If you feel that your condition is not improving or is getting worse, see your doctor.**

**If you are about to start taking a new medicine, tell your doctor or pharmacist that you are taking Acyclo-V.**

**Tell all the doctors, dentists and pharmacists who are treating you that you are taking Acyclo-V.**

**If you become pregnant while taking Acyclo-V, tell your doctor.**

## **Things you must not do**

**Do not stop taking Acyclo-V or change the dose without first checking with your doctor.**

**Do not use Acyclo-V to treat any other conditions unless advised by your doctor.**

**Do not give this medicine to anyone else, even if their symptoms seem similar to yours.**

## Things to be careful of

Genital herpes can be caught from or spread to your partner during sexual activity. It is important to remember that Acyclo-V will not keep you from spreading herpes to others.

## Side effects

**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Acyclo-V.**

Acyclo-V helps most people with genital herpes, but it may have unwanted side effects in some people.

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the side effects.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

**Tell your doctor if you notice any of the following more common side effects and they worry you:**

- feeling sick (nausea), vomiting, diarrhoea
- headache, dizziness
- joint pain

Less common side effects include:

- skin rash, hair loss
- tiredness, irritability, depression
- medication taste
- weight loss
- swelling with fluid
- leg pain, muscle cramps
- sore throat, fever, swollen glands
- menstrual problems
- fast heart beat
- eye disorders
- liver, blood or vein disorders
- convulsions (fits)
- confusion, hallucinations

This is not a complete list of all possible side effects. Others may occur in some people and there may be some side effects not yet known.

**Tell your doctor if you notice anything that is making you feel unwell while you are taking, or soon after you have finished taking Acyclo-V, even if it is not on this list.**

# **After using Acyclo-V**

## **Storage**

**Keep your tablets where children cannot reach them.**

**Keep your tablets in their pack until it is time to take them.**

**Keep your tablets in a cool, dry place where the temperature stays below 30 degrees C.**

**Do not keep Acyclo-V or any other medicine in the bathroom or near a sink. Do not leave Acyclo-V in the car or on window sills.**

Heat and dampness can destroy some medicines.

## **Disposal**

**If your doctor tells you to stop taking Acyclo-V, or your medicine has passed its expiry date, ask your pharmacist what to do with any tablets that are left over.**

## **Product description**

### **What it looks like**

Acyclo-V 200 is a white, biconvex, round, film-coated tablets branded GXCF3 on one face and plain on the other.

Each pack contains 25 or 90 tablets.

## Ingredients

The active ingredient in Acyclo-V 200 is aciclovir. Each tablet contains 200 mg of aciclovir.

The tablets also contain:

- microcrystalline cellulose
- povidone
- sodium starch glycollate
- aluminium magnesium silicate
- magnesium stearate
- Opadry Complete film-coating system White Y-1-7000 (Proprietary Ingredient Number 1475)
- macrogol 8000

The tablets are gluten free.

## Supplier

Acyclo-V is supplied by:

**Alphapharm Pty Limited**

(ABN 93 002 359 739)

Level 1, 30 The Bond

30-34 Hickson Road

Millers Point NSW 2000

Phone: (02) 9298 3999

[www.alphapharm.com.au](http://www.alphapharm.com.au)

Medical Information

Phone: 1800 028 365

Australian registration number:

Aust R 56372

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